

**PINELLAS EMMAUS MEN'S RETREAT**  
**Sponsored by St. Catherine of Siena & Espiritu Santo Parishes**  
**May 1 - 3, 2026**

*Come and experience the journey to Emmaus  
as together we recognize the Lord Jesus in the Breaking of the Bread*

**Luke 24:13-35**

**Q. Exactly what is Emmaus?**

A. Emmaus is a relaxed, passive retreat weekend designed for those men who feel they would like to explore a deeper relationship with God. Every one of us has considered the questions, "Does God really exist?" or "How should God's existence affect my life?" Unfortunately, we are all very busy and don't allow ourselves enough time to explore the answers. That's what the Emmaus retreat is for. The men organizing and hosting the Emmaus retreat will not try to convince you of their answers; instead they will share their own experiences with you and let you draw your own conclusions. We are not men who were born Holy, and we have each led very different lives. But through the power of the Holy Spirit we have found our way back to the Lord and would like to tell you about this life changing experience. And for many of us, it was during an Emmaus Retreat that our hearts were touched by God.

**Q. How do they go about doing this?**

A. You will hear a series of talks by other men concerning their own experiences with the Lord. You will have a chance to reflect, pray, and consider the bigger questions of life in a place that is far enough away to separate you from the distractions of everyday life, but close enough that you could be home in a matter of minutes.

**Q. How long does the weekend last?**

You'll need to arrive at **St. Catherine of Sienna Parish, 1955 South Belcher Road, Clearwater 33764** at 6:00 PM (Sharp) on Friday, May 1, 2026. There will be a light meal in the event that you are unable to have dinner before arriving. The retreat will end on Sunday afternoon at about 5:00 pm at St. Catherine's.

**Q. How do I dress for the weekend?**

A. Dress is extremely casual, including shorts, jeans, sandals, a light jacket/sweater or whatever else you find comfortable.

**Q. What should I bring?**

A. Bring a change of clothes for two days, your personal toiletries (toothbrush, soap, etc.), a pillow if you wish. Everything else will be provided.

**Q. What about food?**

A. All food and drink will be provided. When you arrive Friday evening there will be a light meal for those who will not have had time to grab dinner. If you have any special dietary requirements, just let us know on the application form.

**Q. How much does Emmaus cost?**

A. The cost is \$250.00 for a double room or \$350.00 for a single room. A deposit is requested (\$50) to hold your place. **If you don't have the money, please don't let this stop you.** (Limited partial scholarships are available). Please note that we expect that we may be filled to capacity – Do not hesitate. Get in your application and deposit payment as soon as possible. Please share this application with others, i.e. family, friends, etc.

*Fill out the application; invest a bit of your time. Rethink, refocus, reflect and find your way.  
If you don't have time to make a retreat like this that means you NEED a retreat like this!*

Any questions please contact:  
Chuck Warrington, Retreat Administrator  
(727) 224-7055  
[chuck@warringtonadvisors.com](mailto:chuck@warringtonadvisors.com)

**PINELLAS EMMAUS MEN'S RETREAT REGISTRATION**  
**Sponsored by St. Catherine of Siena & Espiritu Santo Parishes**  
**May 1 - 3, 2026**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phones: Cell \_\_\_\_\_ Home \_\_\_\_\_ Office \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Occupation: \_\_\_\_\_  Married  Single  Divorced  Separated  Widowed

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Anniversary Date: \_\_\_\_\_

Emergency Contact E-mail Address: \_\_\_\_\_

Who told you about the Retreat? \_\_\_\_\_

Any Health Problems We Should Know About? \_\_\_\_\_

Special Dietary Requirements? \_\_\_\_\_

Shirt Size: S  , M  , L  , XL  , 2XL  , 3XL  , 4XL  , 5XL

Room Type:  Double Occupancy (\$250) or  Single Occupancy (\$350) (cannot guarantee preference)

Member of a Catholic Church?  Yes  No; Catholic:  Yes  No; Your Church? \_\_\_\_\_

**What about God?** One way (among many) you can help answer that question is the Men's Emmaus Retreat, led by men like you who have struggled with all the same questions about life that you have. The Emmaus Retreat is designed to be low key, laid back, user friendly, and not "preachy". You will listen to other men like yourself talk about their journey to know more about God. It is not required for you to be Catholic, Christian, or a member of any Parish. You will have your own time for reflection, the food is good, the place is calm and peaceful, and it will be a weekend you will **NEVER** forget.

**The cost of the weekend is \$250 for a double room or \$350.00 for a single room.** Please include full payment or a \$50 deposit with your application as space is limited. **Questions?** Please contact the person who spoke with you about this retreat or Chuck listed below.

**If you don't have the money, please don't let this stop you** (Limited partial scholarships are available). Make checks payable to "**Espirito Santo Catholic Church**". Return application & check to the person who invited you, or you can send this application, with check, to: **Espirito Santo Catholic Church, 2405 Philippe Parkway, Safety Harbor, FL 34695 with "Pinellas Catholic Men's Emmaus" on the envelope.**

Questions? Contact:

Chuck Warrington, Retreat Administrator

Cell: (727) 224-7055 / E-Mail: [chuck@warringtonadvisors.com](mailto:chuck@warringtonadvisors.com)

Deposit: \_\_\_\_\_

**Office Use Only**

Date Received: \_\_\_\_\_

Balance: \_\_\_\_\_

Contact \_\_\_\_\_

Table \_\_\_\_\_