

## Fact about Emmaus

### WHAT IS AN EMMAUS RETREAT?

Emmaus is a passive retreat weekend designed for men who would like to explore their own relationship with Jesus. It is hosted by a group of men who have previously participated in the retreat weekend. It is an experience where we gather to be ministered to by each other...to experience God... and to grow...

### IS THIS ANOTHER ONE OF THOSE PROGRAMS FOR SAINTS?

No, any man who wishes to grow closer to the Lord will enjoy this weekend. You don't have to be Catholic or a member of any other specific denomination.

### WHAT HAPPENS ON THE WEEKEND?

We learn how to "recognize" Jesus in our everyday lives, through witness, small group sharing and reflection time.

### WHAT ARE THE BENEFITS FOR MAKING EMMAUS?

The benefits are personal to you. Many men have experienced tremendous healing and lifting of burdens, an increase of love, joy, peace, understanding, and a new sense of belonging.

### HOW OFTEN IS EMMAUS HELD?

The retreat is offered twice a year, in the Fall and Spring. The number of participants is limited.

### HOW MUCH DOES IT COST?

The cost of the weekend is about \$250, which includes all meals and accommodations. You do not need to be Catholic to attend.

## The road to Emmaus is a personal journey taken in community

Each of us is on a journey whether we think of life as a journey or not. On this journey much happens to each of us. These life events — births, deaths job and other losses — have an impact on us — but do we consciously acknowledge their impact.

The Road to Emmaus points to waypoints along the journey. These way points might be described in these terms.

1. Looking at losses in our lives.
2. Connecting our own suffering with the great sufferings of humanity.
3. Inviting the "one" whom you recognize on the road into your house.
4. Entering into communion with Christ living within you.
5. Going into the world with joy.

Take a few minutes and read the gospel story on the center inside section of this brochure and reflect about these stages in your own life.

You are invited to meet Jesus on your own Road to Emmaus during the Emmaus Weekend retreat.

## Pinellas County Emmaus Retreat

*They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?"*  
*Luke 24:32*



**October 24-26, 2025**  
**At the Franciscan Center**

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## What men are saying

After going to my Emmaus weekend I learned that God is with us in any situation, and as men of God; we need to learn to trust in him more. We should pray to him to accept that we cannot do it all alone, but with him we could conquer anything. I also learned how to be more truthful to myself and my family, how to be a better husband, dad, son, and disciple of our Lord Jesus Christ. My Emmaus weekend changed my life, and gave me brothers that I never thought I would have. **Wagner P.**

The Emmaus walk opened my eyes to know that I am not alone in my walk to know the Lord. The weekend retreat showed me that there are others that have also been touched by the Holy Spirit and we continue to grow through knowing we are supportive of each other. **Bill O.**

Emmaus-Has helped focused me on my relationship with Jesus Christ our Lord and Savior. I now have a fire in my heart to strengthen that relationship and continue on "my walk" by reaching out to my fellow Emmaus brothers for help, guidance, strength and friendship. I am able to reflect on a daily basis the importance of being a good husband and father and pray that I will continue to grow as I continue on my path. **John L.**

"I have never been good at making friends. My walk with Christ has been through the living word, Bible, prayer and church. A great foundation. And yet, I need the fellowship of men. In Emmaus, I have found them. Praise the Lord." **John B.**

## On the Road to Emmaus

Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him. He asked them, "What are you discussing as you walk along?" They stopped, looking downcast. One of them, named Cleopas, said to him in reply, "Are you the only visitor to Jerusalem who does not know of the things that have taken place there in these days?" And he replied to them, "What sort of things?" They said to him, "The things that happened to Jesus the Nazarene, who was a prophet mighty in deed and word before God and all the people, how our chief priests and rulers both handed him over to a sentence of death and crucified him. But we were hoping that he would be the one to redeem Israel; and besides all this, it is now the third day since this took place. Some women from our group, however, have astounded us: they were at the tomb early in the morning and did not find his body; they came back and reported that they had indeed seen a vision of angels who announced that he was alive. Then some of those with us went to the tomb and found things just as the women had described, but him they did not see." And he said to them, "Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures. As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, "Stay with us, for it is nearly evening and the day is almost over." So he went in to stay with them. And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, "Were not our hearts burning within us while he spoke to us on the way and opened the scriptures to us?" So they set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

Luke 24:13-35

## What men are saying

The Emmaus Retreat opened a myriad of possibilities for me on my Christian journey but it can be summed up in one word...TRUST! I thought I could solve my own problems and those of the ones I loved too; but my Emmaus weekend taught me that I must trust in God always. That he would be there when no one else was. Thanks to my Emmaus Brothers, **Lee Z.**

Emmaus has helped me to become a more patient husband and father, Helped me to leave work at work, and Helped me to appreciate how much the Lord has given me. **Ricardo N.**

Emmaus has helped me to become a better Catholic, a better man, a better husband, a better father and a better son. **Roger A.**

**Come join us on the Road to Emmaus.**

